

WOMEN IN SPORT: OLYMPIC QUIZ

*"AS LONG AS THE SUN
RISES AND SETS, WOMEN
WILL CONTINUE TO
STRIVE TO EXCEL IN THE
OLYMPIC GAMES AND
BEYOND."*

**— ALICE MILLIAT,
PIONEER OF WOMEN'S
SPORTS**

IMPORTANT

WANT THE COMPLETE QUIZ, INCLUDING THE ANSWERS? EMAIL INFO@WOMENINSPORT.ORG TO GET YOUR FREE COPY!

*PERFECT FOR YOUR NEXT OLYMPIC; TEAM BONDING EVENT, CLUB SOCIAL, OR GET-TOGETHER WITH FRIENDS. CHALLENGE YOURSELVES WITH TRIVIA CELEBRATING INCREDIBLE FEMALE ATHLETES. **LET'S CELEBRATE WOMEN IN SPORT TOGETHER!***

HOW TO GUIDE



ROUND STRUCTURE:

The quiz consists of 4 rounds, each with 5 questions.

After completing each round, answers will be reviewed before moving to the next round.

Answer Submission:

Participants will submit their answers after each round.

Ensure all answers are submitted before proceeding to the next round. The quiz consists of 4 rounds, each with 5 questions.

After completing each round, answers will be reviewed before moving to the next round.

MARKING PROCESS:

After submitting answers for a round, pause for marking.

Review correct answers and award points accordingly.

Score Tracking:

Keep track of participants' scores throughout the quiz.

Award points based on correct answers.

INTERMISSION:

There will be a brief intermission between rounds for breaks and score tallying-

who's winning at half time?

WINNER ANNOUNCEMENT:

At the end of the quiz, the participant with the highest score will be declared the winner.

MOST IMPORTANTLY: HAVE FUN, ENJOY, AND HOPEFULLY LEARN MORE ABOUT WOMEN'S SPORTS AS WE CHAMPION THEIR ACHIEVEMENTS TOGETHER!

Round 1: Historical Moments



QUESTION 1:

In which year did women first compete in the Olympic Games?

- A) 1896
- B) 1900
- C) 1920
- D) 1948



QUESTION 2:

Who was the first woman to win Olympic gold medals in both singles and doubles tennis events at the same Games?

- A) Steffi Graf
- B) Venus Williams
- C) Martina Navratilova
- D) Serena Williams



QUESTION 3:

Which female athlete won the first-ever Olympic marathon for women?

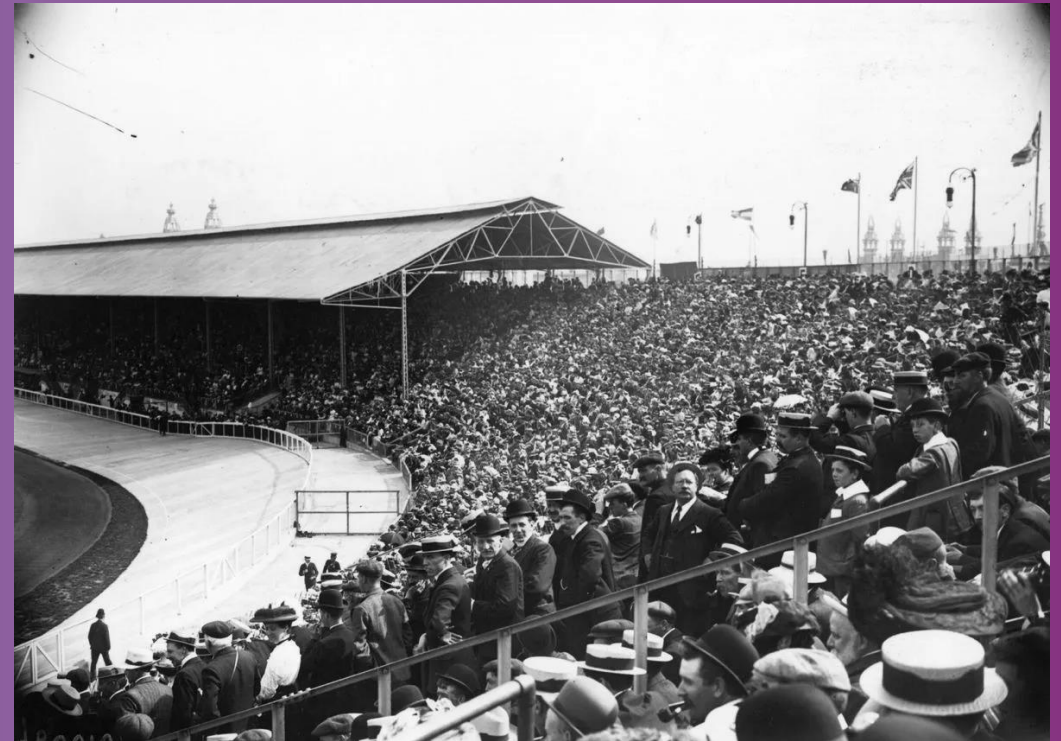
- A) Grete Waitz (Norway)
- B) Joan Benoit (United States)
- C) Rosa Mota (Portugal)
- D) Ingrid Kristiansen (Norway)



QUESTION 4:

Which Olympic Games saw the debut of women's boxing?

- A) 2000 (Sydney)
- B) 2004 (Athens)
- C) 2008 (Beijing)
- D) 2012 (London)



QUESTION 5:

At the 1980 Moscow Olympics, Tessa Sanderson made history by becoming the first British woman to win an Olympic gold medal in which sport?

- A) Javelin throw
- B) Rowing
- C) Swimming
- D) Track cycling



Round 2: Pixel Puzzles: Reveal the Sports Stars (Identify the Blurred Female Athletes)

WOMEN
N
SPORT



QUESTION 1:

Can you guess this female Olympian correctly?



QUESTION 2:

Can you guess this female Olympian correctly?



QUESTION 3:

Can you guess this female Olympian correctly?



QUESTION 4:

Can you guess this female Olympian correctly?



QUESTION 5:

Can you guess this female Olympian correctly?



Round 3: Famous Female Olympians



QUESTION 1:

Which Dutch field hockey player is considered one of the greatest of all time, winning three Olympic gold medals (2008, 2012, 2016) and one silver medal (2004) during her career?

- A) Maartje Paumen
- B) Kim Lammers
- C) Naomi van As
- D) Eva de Goede



QUESTION 2:

Dame Kelly Holmes won two gold medals at the 2004 Athens Olympics in which track events?

- A) 100m and 200m
- B) 200m and 400m
- C) 800m and 1500m
- D) 400m and 800m



QUESTION 3:

Which Team GB heptathlete won gold at the London 2012 Olympics and is widely celebrated as one of Britain's greatest female athletes?

- A) Dame Denise Lewis
- B) Katarina Johnson-Thompson
- C) Dame Jessica Ennis-Hill
- D) Tessa Sanderson



QUESTION 4:

How many Paralympic gold medals did Dame Tanni Grey-Thompson win during her career?

- A) 7
- B) 9
- C) 11
- D) 13



QUESTION 5:

Which female athlete has won the most Olympic medals in total?

- A) Jenny Thompson (United States)
- B) Birgit Fischer (Germany)
- C) Paavo Nurmi (Finland)
- D) Larisa Latynina (Russia)



Round 4: Olympic Oddities and Myths



QUESTION 1:

Why were women initially banned from participating in the pole vault?

- A) Men believed their stomachs or reproductive organs would *"fall out"*.
- B) It was considered too unfeminine.
- C) They thought women couldn't jump high enough.
- D) It was believed to be bad for their balance.



QUESTION 2:

What was one reason given for excluding women from early Olympic weightlifting events?

- A) Concern that women would damage the equipment.
- B) Fear that women would outperform men.
- C) Belief that it was too strenuous for women.
- D) Superstition that women would bring bad luck.



QUESTION 3:

What unusual activity did British athlete Charlotte Cooper do after winning gold in tennis in 1900?

- A) She celebrated by riding a unicycle.
- B) She immediately went on a fishing trip.
- C) She played a piano recital.
- D) She participated in a fencing duel.



QUESTION 4:

Why were female athletes at the 1928 Amsterdam Olympics required to wear knee-length skirts?

- A) To maintain modesty standards.
- B) To avoid distracting male athletes.
- C) To prevent leg injuries.
- D) Because shorter skirts were considered bad luck.



QUESTION 5:

Which of the following was a reason given for women being excluded from the marathon until 1984?

- A) Fear that women would not find the finish line.
- B) Concerns over women's reproductive health.
- C) Belief that women could not handle the distance.
- D) Superstition that women would summon rain.

